

## **Four Days National Workshop on Neuro - Linguistic Programming (NLP) 5<sup>th</sup> -8<sup>th</sup> March, 2018**

- Are you committed to learn more about yourself?
- Are you seeking to have more control over your emotions and behaviours?
- Do you wish to remove obstacles that are holding you back from being more successful?
- Do you want to communicate more effectively?
- Do you dream of becoming more self-confident?

Only this workshop will help you. Come and join the Four Days Level 1 and Level 2 NLP certificate course.

### **‘Master the art of purposeful communication and influence’**

“Explore your potential and increase your choices with a four day, professionally accredited, introductory course in Neuro-Linguistic Programming. This course provides an excellent starting point for those curious to discover how NLP can help in their personal and professional lives and acts as a springboard to a Certified Practitioner Programme”.

### **What is NLP?**

NLP explores the relationship between how we think (neuro), how we communicate (linguistic) and our patterns of behaviour and emotions (programming). Neuro-Linguistic Programming is the practice of understanding how we program and operate unconscious filters (values, limiting beliefs, fears), and organize our thinking, feelings, and actions to produce the results that we do. NLP also provides the skills, knowledge and techniques to achieve higher levels of personal and interpersonal mastery. NLP Techniques can be applied in education, business, team building, sales, marketing, personal development, leadership, coaching, public speaking, or just for personal growth. Wherever there is human interaction and growth potential, NLP can be used to develop and enhance performance.

### **What will I learn?**

The NLP Practitioner course is designed to provide participants with essential knowledge, basic skills and presuppositions to become an effective practitioner of Neuro-Linguistic Programming. Through experiential learning participants will discover how to recognise and utilise important language patterns, physiology and the nervous system as the fundamental tools and techniques of NLP. The course takes participants on

a transformational journey of learning, self-discovery and personal growth, and teaches the techniques to influence and inspire change in others.

This NLP Practitioner course uniquely includes unwarranted negative emotions and anxiety, transforming limiting beliefs into empowering beliefs, and creating powerful drive and motivation for achieving your goals imagination of the unconscious mind, enabling more resourceful states, habits and behaviour to be accessed.

## **Core Skills of Neuro-Linguistic Programming:**

People joining our NLP Courses and NLP Coaching come from wide ranging backgrounds: Negotiation, Presentation skills, co-operation, trust and agreement, New Behaviour Generator Simple Belief Change, Rapport, Modelling, Outcomes, Anchoring, Dealing with Difficult People

## **Workshop Trainer:**

**Dr.Amit Abraham**

- Certified Practitioner of NLP (ANLP), UK
- Certified Practitioner in Meta NLP & Master Practitioner in Meta NLP (HIA NLP), Australia
- Licensed Practitioner of Integral Eye Movement Therapy, Fresh Brain Company, UK

## **Venue:**

AryaMahile PG College, Chetganj Varanasi (Old Hall)

## **Timing:**

9 AM to 5 PM

## **Details of Registration fees:**

**Students: 2500/-**

**Academician/professionals: 4000/-**

**Last date of registration- 25<sup>th</sup> February, 2018**

**Late registration will be charged 3000/- (Students) 4500 (Academician/professional)**

## **Participants can also deposit fees by NEFT/RTGS:**

A/c No. 98400100010591

Bank: Bank of Baroda

IFSC: BARB0EXTRAM (fifth character is zero)

A/c Name: Principal Arya Mahila PG College

BOB, AMDC, Chetganj

The organizing committee will not be responsible for providing any accommodation. The registration fees includes stationary, lunch and tea during the workshop.

The participant can download the brochure along with application form from the college website: [www.ampgc.ac.in](http://www.ampgc.ac.in)

Telephone no. 0542-2411893

### **For Details Contact:**

#### **Organising Secretary**

Dr. Garima Gupta,

Assistant professor, Department of Psychology, AMPGC

Call-8687120882, [grm.gupta2@gmail.com](mailto:grm.gupta2@gmail.com)

#### **Convenor**

Dr.UshaVermaSrivastava

Assistant professor, Department of Psychology, AMPGC

Call- 09838045292, [usha\\_verma1@yahoo.co.in](mailto:usha_verma1@yahoo.co.in)

### **Attendance is Compulsory**

**No leave shall be permissible during all the session**

#### **Registration**

Manish Chaurasia

Lab Assistant

Call- 8299137129, whatsapp number- 9044074044

Email filled in scanned/hard copy (department of psychology) application at-  
[chaurasiamanish.bhu@gmail.com](mailto:chaurasiamanish.bhu@gmail.com)