

Four Days National Workshop on Neuro-linguistic Programming (NLP) 5th - 8th March, 2018

Things do not change; we change

Henry David Thoreau

NLP stands for Neuro-Linguistic Programming. Neuro refers to your neurology; Linguistic refers to language; programming refers to how that neural language functions. In other words, learning NLP is like learning the language of your own mind! Neuro-Linguistic Programming (NLP) teaches people that language and behaviours (whether functional or dysfunctional) are highly structured, and this structure can be 'modelled' or copied into a reproducible form. It teaches that people are only able to perceive a small part of the world and this view of the world is filtered by experience, beliefs, values, assumptions, and biological sensory systems. NLP argues that people act and feel based on their perception of the world rather than the real world. Now-a-days, NLP is being used by people in nearly all fields such as sports, education, health etc. for improving one's performance. As with all interpersonal relationships, communication is an intrinsic aspect of psychotherapy. It is a powerful life skill through which one can possess the ability to control one's response to people and events around. Now-a-days, there are a large number of people who are undergoing training of Neuro-Linguistic Programming because it has the power to enhance the quality of one's life. In short, NLP only brings improvement in what people already do. It make people able to learn and implement various business skills including coaching, leadership, sales, and change management. Training of Neuro-Linguistic Programming helps people in gaining significant career promotions. Hence, the person not only improves their existing skills, but also develops new ones that allow them to move ahead on their career path as quickly as possible.

NLP is the study of excellent communication—both with you, and with others. It was developed by modeling excellent communicators and therapists who got results with their clients. NLP is a set of tools and techniques, but it is so much more than that. It is an attitude and a methodology of knowing how to achieve your goals and get results.

The objectives of the workshop

The objective of this workshop is to help participants to acquire intensive knowledge and understanding on NLP, it is expected that learner will be able to learn the techniques to bring effective changes in the way people think, learn and communicate.

Pedagogy of the Workshop

The workshop will basically not only focus on the lectures, hands on training through small group exercises, and group discussion etc. All these can be adapted to meet the needs of the trainees. The participants will be learning through discussing, exploring, experimenting and 'doing' in a very active and hands-on manner. In addition, participants will have the opportunity to interact with the learned resource person.

Workshop Date: 5th -8th March, 2018

Venue: Arya Mahila PG College, Varanasi

Participants

The workshop is proposed for any students of psychology or professionals. The maximum number of participants would be 40.

Venue: Arya Mahila PG College, Chetganj Varanasi (Old Hall)

Timing: 9 AM to 5 PM

Details of Registration fees:

Students: 2500/-

Academician/professionals: 4000/-

Last date of registration- 25th February, 2018

Late registration will be charged 3000/- (Students) 4500 (Academician/professional)

Participants can also deposit fees by NEFT/RTGS:

A/c No. 98400100010591

Bank: Bank of Baroda

IFSC: BARB0EXTRAM (fifth character is zero)

A/c Name: Principal, Arya Mahila PG College

BOB, AMDC, Chetganj

The organizing committee will not be responsible for providing any accommodation. The registration fees includes stationary, lunch and tea during the workshop.

The participant can download the brochure along with application form from the college website: www.ampgc.ac.in

Telephone no. 0542-2411893

Monitoring and Evaluation

The monitoring and evaluation would be done by obtaining the feedback form from the participants to ensure the quality of the workshop. Hence, the feedback provided by the participants would be essential to refine the objectives and procedures during the workshops.

Workshop Trainer:

Dr. Amit Abraham

- Certified Practitioner of NLP (ANLP), UK
- Certified Practitioner in Meta NLP & Master Practitioner in Meta NLP (HIA NLP), Australia
- Licensed Practitioner of Integral Eye Movement Therapy, Fresh Brain Company, UK

Organising Committee

Patron

Dr. Shashikant Dixit
Manager, AMPGC

Chairperson

Prof RachanaDubey
Principal, AMPGC

For Details Contact:

Organising Secretary

Dr. Garima Gupta,
Assistant professor, Department of Psychology, AMPGC
Call-8687120882, grm.gupta2@gmail.com

Convenor

Dr. Usha Verma Srivastava
Assistant professor, Department of Psychology, AMPGC
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Advisory committee

Dr. Krishana Kumari Verma

Associate Professor, Department of Psychology, AMPGC

Dr. Tushar Singh

Assistant Professor, Department of Psychology, BHU

Dr. Anshul Jaiswal

Assistant professor, Department of Psychology, AMPGC

Dr. Bithika Agarwal

Assistant professor, Department of Psychology, AMPGC

Ms. Medha Tripathi

Assistant professor, Department of Psychology, AMPGC

Attendance is Compulsory**No leave shall be permissible during all the session****Registration-**

Manish Chaurasia

Lab Assistant

Call- 8299137129,

**Email filled in scanned/hard copy (department of psychology) application at-
chaurasiamanish.bhu@gmail.com**

Arya Mahila P.G. College, Chetganj, Varanasi

(Admitted to the Privileges of Banaras Hindu University, Varanasi)

Grade 'A' Accredited by NAAC and "College with Potential for Excellence" by UGC

Application Form

Four Days National Workshop on Neuro-linguistic Programming (NLP)

5th-8th March, 2018

NAME	
GENDER	
DESIGNATION	
AFFILIATION	
CORRESPONDANCE ADDRESS	
MOBILE NUMBER	
E-MAIL ADDRESS	
DETAILS OF PAYMENT- CASH/ONLINE	Name: Name and branch of the bank: Transaction ID:

SIGNATURE